



## When an earthquake occurs

Quick thinking is very important when a major earthquake occurs. In case of emergencies, learn the basic actions so as to “not panic and remain calm”.

### Actions to take “when an earthquake occurs”

**An earthquake just occurred!**

#### First of all, protect yourself

- As soon as an earthquake early warning is announced, or when a strong vibration is felt, the first thing to do is to protect yourself.
- Take cover under a sturdy table or some place where things “won’t fall down”, “topple over” or “move” and wait until the shaking settles down.



#### What is an Earthquake Early Warning?

Earthquake Early Warning is the information sent immediately before strong seismic vibrations from the earthquake’s epicenter. If the maximum seismic intensity is 5-weak or more, information is disseminated through radio, TV, etc. The time from the Earthquake Early Warning up to the time seismic vibrations occur is only a few seconds to tens of seconds. So let’s do our best to act quickly to protect ourselves.

In the case of a strong local earthquake, etc., where the epicenter is quite near, the earthquake early warning might not make it in time.



### What to do “immediately after an earthquake”

#### Check for fires and do initial fire extinguishing

- When handling fire, take it easy and wait until the shaking settles down before putting out the fire.
- Extinguish flames when there is a fire. However, it is better to call 119 or ask around for help.



#### Haste is a source of injury

- Inside the house, pay attention to furniture that may topple over or fall down and watch out for broken glass, etc.
- There is a risk of tiles, window glass, signboards, etc., falling down, so do not rush outside.



#### Secure an exit or a way out.

- After confirming that the shaking has settled down, open the doors and windows, secure an exit to make it easy to evacuate at any time.



#### Evacuation depending on the situation

- If the house is in danger of collapsing, or if there is a big fire nearby, evacuate to open spaces, evacuation sites, etc.

